

SNOWPLOW CRASHES



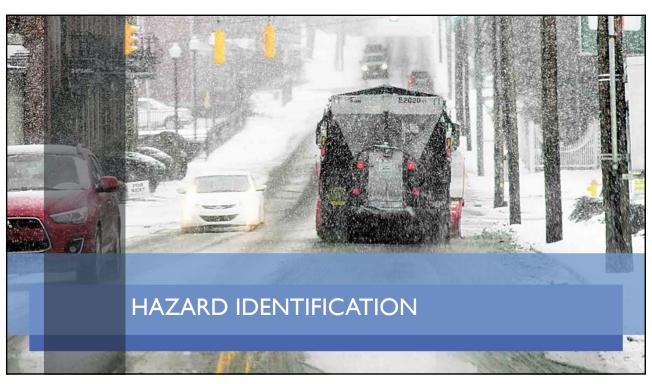
- 23.8% fixed object strikes
- 8.5% backing crashes
- II.4% -running off the road

SNOWPLOW CRASHES



- 19.2% rear-ending the truck
- I 1.3% striking the wing plow
- There are things you can do!

3



VISUAL SCANNING FOR HAZARDS

- Constantly scan for hazards!
- Wide scanning pattern
- Look at least 15 seconds ahead
 - ¼ mile or I and ½ city blocks



5

VISUAL SCANNING FOR HAZARDS

- Objects may be hard to see when covered with snow
- Look for clues that an object may be hidden
- Continuously scan your surrounds
- Don't fixate on any one object or area





PREDICTING HIDDEN OBJECTS

Get to know your route before winter weather arrives



7

ANTICIPATING OTHER VEHICLES' MISTAKES

- Questions to consider
 - Are they driving too fast?
 - Are they following too closely?
 - Are they swerving?
 - Are they accelerating too quickly?
 - Are they braking too hard?
- Watch for other vehicles' brake lights



SAFE/DEFENSIVE DRIVING

- Slow down
- Give more space
- Change lanes
- Be prepared
- Gradual braking and steering



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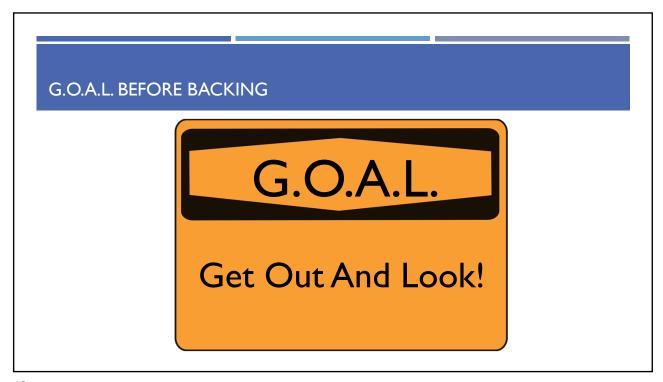
DANGER OF THE SNOW CLOUD 17-02-2019 11:28:42 7753pg ON CH1



COMMON CAUSES OF BACKING CRASHES

- Fatigue
- Impatient
- Distraction
- Poor Visibility





CIRCLE OF SAFETY Both sides Underneath Above Front Back

USING SPOTTERS

- A second set of eyes will help you avoid obstacles while backing
- If available, always have a partner get out and spot while backing
 - Especially in tight spaces
- If a spotter is not available, always get out and look
 - Identify markers that can help you avoid objects

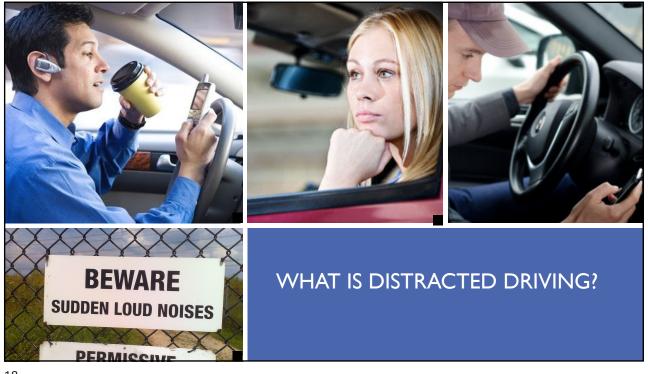
15

OTHER BACKING SUGGESTIONS

- Warn others that you are about to back
- Turn on the four-way flashers
- Know your blind spots
- Turn the radio(s) down
- Stop all distractions
- Slow!
- Use all available mirrors









DANGER OF DISTRACTED DRIVING

23x more likely to crash when texting



EXTERNAL DISTRACTION

- 8% of heavy vehicle crashes due to external distraction.
- Examples
 - Unfamiliar with road
 - Searching for an address
 - Construction activity
 - Looking at a building or scenery
 - Looking at a sign



21



EXTERNAL DISTRACTION

INTERNAL DISTRACTIONS

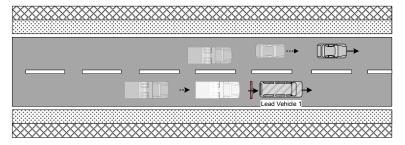
- 2% of heavy vehicle crashes occurred due to internal distraction.
- Usually initiated by the driver
 - Texting/App use
 - Dialing a phone
 - Looking at GPS screen
 - Retrieving objects
 - Reading



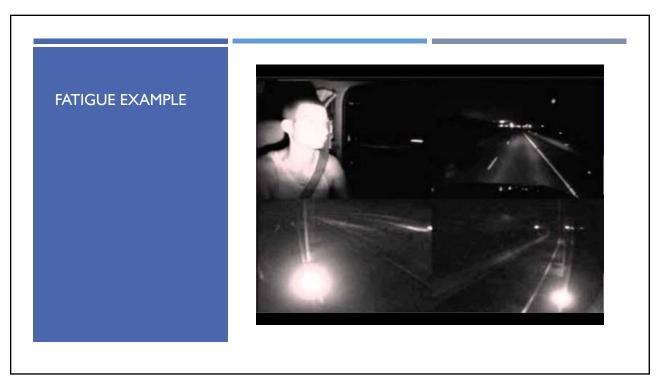
23

MORETIPS FOR INTERNAL DISTRACTIONS

- Do not attempt to read or write while you drive
- Avoid eating and drinking while you drive
- Review maps and plan your route before getting behind the wheel
- Limit conversations with others to job related subjects, including radio conversations







HOW COMMON IS SNOWPLOW OPERATOR FATIGUE?

- ■~80% feel fatigue sometimes while driving
- ~15% feel fatigue most of the time or always while driving

27

COMMON CAUSES OF DRIVER FATIGUE

Sleep-Related Causes of Fatigue

- Prior sleep quantity and quality
- Time of day
- Time since last sleep
- Health

Task-Related Causes of Fatigue

- Monotonous driving conditions
- Complex tasks
- Time-on-task
- Equipment

SIGNS OF FATIGUE

- Attention to detail decreases
- Daydreaming
- Slow responses and reaction time
- Reduced motivation
- Poor memory
- Tunnel vision
- Microsleeps



29



COUNTERMEASURES OF FATIGUE

- Breaks every 2 hours
- Caffeine
- Music can help for brief periods of time
 - Can't be the only countermeasure used
- Improved cab insulation to reduce noise
- Properly adjusted seat
- Stay hydrated
- Eat healthy
- SLEEP!

